# AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS

| | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Vinaigrette | | | | | | | | | X | | | | X |
| Pain | X | | | | | | | | | | | | |
| Fromages et laitages | | X | | | | | | | | | | | |
| Gouters | X | X | X | | | | | X | | | | X | |
| **lundi 31 mars 2025** | | | | | | | | | | | | | |
| **Déjeuner** | | | | | | | | | | | | | |
| Carottes râpées | | | | | | | | | X | | | | X |
| Salade de lentilles | | X | | | | | | | X | | | | X |
| Salade verte composée | X | | X | | | | | | X | | | | X |
| Nuggets de poulet | X | | | | | | | | | | | | X |
| Calamar à la romaine | X | | | X | | | | | | | | | X |
| Riz | | | | | | | | | | | | | |
| Julienne à l'ail | | | | | | | | | | | | | |
| Compote de pommes | | | | | | | | | | | | | |
| Chou chantilly | X | X | X | | | | | | | | | | |
| Fruits de saison | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| **mardi 1 avril 2025** | | | | | | | | | | | | | |
| **Déjeuner** | | | | | | | | | | | | | |
| Salade d'haricots verts | | | | | | | | | X | | | | X |
| Céléri rémoulade | | X | X | | | | | | X | | | | |
| Salade verte composée | X | | X | | | | | | X | | | | X |
| Œuf brouillé | | X | X | | | | | | | | | | |
| Roti de dinde aux herbes | X | | | | | | | | | | | | X |
| Boulgour | X | | | | | | | | | | | | |
| Chou fleur béchamel | X | X | | | | | | | | | | | |
| Fromage blanc crème de marrons | | X | | | | | | | | | | | |
| Banane rôti | | | | | | | | | | | | | |
| Fruits de saison | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| **jeudi 3 avril 2025** | | | | | | | | | | | | | |
| **Déjeuner** | | | | | | | | | | | | | |
| Maquereau à la moutarde | | | | X | | | | | X | | | | X |
| Radis beurre | | X | | | | | | | | | | | |
| Salade verte composée | X | | X | | | | | | X | | | | X |
| Bolo / Carbo | X | X | | | | | | | | | | | X |
| 4 Fromages | X | X | | | | | | | | | | | |
| Spaghettis | X | | | | | | | | | | | | |
| Purée de potiron | | X | | | | | | | | | | | |
| Salade de fruit frais | | | | | | | | | | | | | |
| Panna cotta Choco ou fruits rouges | X | X | | | | | | | | | | | |
| Fruits de saison | | | | | | | | | | | | | |
| **vendredi 4 avril 2025** | | | | | | | | | | | | | |
| **Déjeuner** | | | | | | | | | | | | | |
| Courgettes en salade | | | | | | | | | X | | | | X |
| Quiche au thon | X | X | X | X | | | | | | | | | |
| Salade verte composée | X | | X | | | | | | X | | | | X |
| Poisson frais | X | X | | X | | | | | | | | | X |
| Saucisse de Toulouse | X | | | | | | | | | | | | X |
| Haricots blanc à la tomate | | | | | | | | | | | | | |
| Epinards en gratin | X | X | | | | | | | | | | | |
| Beignet aux pommes | X | | X | | | | | | | | | | |
| Abricot au sirop | | | | | | | | | | | | | |
| Fruits de saison | | | | | | | | | | | | | |